

**PICKERING HOCKEY ASSOCIATION  
(Revised Mar. 2005)**

**General Rules  
&  
Playing Rules**

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**GENERAL RULES** (Sec. 40) - HOUSE LEAGUE, OMHA, SELECT

- 40.01 First and foremost it should always be kept in mind that the reason that individuals as to why we are involved in this volunteer association. Surely it is to promote hockey skills and player development, good sportsmanship, goodwill and fun for all amongst the players. All members should be setting good examples to promote and achieve for these goals.
- 40.02 Membership in the Pickering Hockey Association (PHA) will be determined as outlined by Article 5 of the association's Constitution and in Appendix One attached hereto.
- 40.03 All persons wishing to become a member of the PHA will be given a copy of the Association's Code of Conduct as described in Appendix Two.
- 40.04 All members must sign a Member Acknowledgement form as described in Appendix Three.
- 40.05 Only residents within the boundaries of the City of Pickering are eligible to play in the PHA.
- 40.06 Only players registered with the PHA may be carded to a PHA team.
- 40.07 Senior Citizens shall be admitted to all PHA games free of charge.
- 40.08 All returnable trophies won by PHA teams should be engraved within 30 days of winning the trophy and arrangements made with the Curator to be returned to the PHA trophy case.
- 40.09 Players must keep off the ice and behind the high glass until the ice cleaning staff and equipment have left the ice and the gate is closed. .
- 40.10 All teams shall observe the rules laid down by the Canadian Hockey Association (CHA), Ontario Minor Hockey Association (OMHA) and those rules deemed desirable by the PHA.

**Registration** (Sec.41)

- 41.01 No registrations for the current season shall be accepted after November 1st.
- 41.02 Any player registering with the PHA who has not played organized hockey or has not had Hockey School training must first attend the PHA Hockey School Program.
- 41.03 Age: minimum 4 years old before December 31 for Hockey School Only, maximum age 19 years old before December 31st "in year of registration."
- 41.04 Any special circumstances shall be dealt with by the Board of Directors.

**Fund Raising** (Sec. 42)

- 42.01 No fundraising by any team or teams is allowed unless approval has been obtained from the Board of Directors. No fundraising is allowed prior to August 1st without Board approval.
- 42.02 Contravention of this rule may lead to suspension of coach and/or team from the PHA.

**Tournaments** (Sec. 43)

- 43.01 No Rep team may enter a tournament without first obtaining approval from the PHA 3rd VP -OMHA Division, no house league team may enter a tournament without first obtaining approval from the PHA 4<sup>th</sup>

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VP – House League and no Select team may enter a tournament without first obtaining approval from the PHA 12th VP – Select Program.

- 43.02 All teams of the PHA will be limited to entrance into five (5) tournaments, in any one season, including the PHA tournament.
- 43.03 Teams wishing to enter more than 5 tournaments may apply directly to the Board of Directors for permission to do so, with a letter signed by all team parents stipulating they are willing to totally support extra tournaments.
- 43.04 Teams enter Tournaments in February you do so at their own risk as Play-offs take precedence over Tournaments or exhibition games.
- 43.05 No PHA teams may enter outside tournaments or exhibition games during our PHA tournaments in their divisions, unless prior approval is obtained from the Board of Directors.
- 43.06 All tournaments outside the Province of Ontario must be approved by the Board of Directors.
- 43.07 House League games and practices, and sanctioned House League tournaments take precedence over House League Select Tyke games and tournaments. (**See Sec. 63 Priority of Play**)
- 43.08 A copy of the application for each tournament entered must come to the 3<sup>rd</sup> V.P. OMHA and the 2<sup>nd</sup> V.P. Ice, with copies for the 12<sup>th</sup> V.P. Selects and the 5<sup>th</sup> V.P. House League where applicable.

## **Equipment** (Sec. 44)

- 44.01 Defencemen and forwards while practicing, playing, on the bench or in the penalty box for the PHA will wear skates, CSA approved shin pads, hockey pants, athletic support and cup, shoulder pads, elbow pads, hockey gloves, helmet and face mask. Helmets and facemasks must be CSA approved and chinstrap must be fastened and mouth guard attached where applicable. Mouth guards are also mandatory at all times. **Neck guards will also be mandatory and must be B.N.Q. approved.**
- 44.02 Goalies while practicing, playing, or on the bench for the PHA will wear skates with heel guards or goalie skates, goal leg pads, body protector, goal gloves, goal arm pads or elbow/shoulder pads, hockey pants, athletic support and cup, helmet and face mask. Helmets and facemasks must be CSA approved. Mouth guards are also mandatory at all times. **Neck guards and throat protectors will also be mandatory and must be B.N.Q. approved.** Throat protectors will be supplied at the Initiation and Novice level by the PHA. All OMHA and Select goalies must wear goalie skates from Minor Atom up.
- 44.03 All participants in PHA try-outs shall wear full hockey equipment as above.
- 44.04 Any sweaters loaned by the PHA to OMHA/Select Players must be returned.
- 44.05 All PHA equipment loaned out to the players is the responsibility of the team coach who will be held accountable for PHA equipment signed out to his or her team.
- 44.06 For any PHA equipment on loan to a PHA player not returned in good condition after the end of the season, the said player would be responsible for repairs or replacement of said equipment.
- 44.07 The PHA will supply goalie equipment up to Novice if required on a traveling team. and up to Atom in House League. House League will take precedence.
- 44.08 All participants in PHA Hockey School shall wear full hockey equipment as above (44.01 and 44.02 as appropriate).

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### **Ice Times** (Sec. 45)

- 45.01 All PHA ice time is the responsibility of the 2<sup>nd</sup> V.P. Ice.
- 45.02 Assigned ice time may be re-scheduled or canceled by the 2<sup>nd</sup> VP – Ice throughout the season to accommodate tournaments, playoffs, etc.
- 45.03 Ice time shall be allotted to house league select teams where available. House League Select teams to pay for the ice at the prevailing rate.
- 45.04 Teams are responsible for trading unneeded ice to another team. Any allotted ice not used will incur the cost of the ice to the team it was originally allotted to. To change ice for a tournament or game contact the 2<sup>nd</sup> V.P. Ice.
- 45.05 Any cancellations or changes must be cleared with the 2<sup>nd</sup> V.P. Ice.

### **Referees** (Sec. 46)

- 46.01 Referees for league games are assigned by the head referee.
- 46.02 Teams needing referees for exhibition games must phone the Head Referee 72 hours in advance.
- 46.03 The house league assignor will assign a 2-man system for Initiation, Novice and Atom house league games. He/She will assign a 3-man system for Peewee, Bantam and Midget house league games where available.

### **Coaches** (Sec. 47)

- 47.01 All PHA coaches must have their Coaching Certificate Level.
- 47.02 A member of the coaching staff must have Trainers Level One or equivalent.
- 47.03 Coaches selected must reside in the City of Pickering except with Board approval.
- 47.04 A coach that is not accepted for a coaching position after applying is to be notified by letter or phone giving reasons and thanking them for their interest.
- 47.05 All coaches must attend coaches training when necessary. Their appointment for the next season could depend on whether or not they took the training provided. A representative from all teams, house league, OMHA and Select should attend all general and mid-term meetings and coaches meetings.
- 47.06 All coaches must familiarize themselves with CHA, OMHA and PHA rules.
- 47.07 Coaches are responsible for training, development t of players and co-coordinating practices.
- 47.08 The coach is responsible for his/her team and will be responsible for all actions of his/her players and **will be the last person out of the dressing room. The coach may appoint another adult to be his designate in the dressing room.**
- 47.09 Coaches are responsible for their team discipline on and off the ice.
- 47.10 Coaches must give equitable ice times to all players.
- 47.11 Coaches who fail to comply with 47.10 will be required to attend a Complaint and Discipline hearing.
- 47.12 Coaches are requested to have players dressed and ready to play 15 minutes prior to game time.

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- 47.13 All coaches must have their teams leave the ice immediately upon completion of their game. Due to tight scheduling, all teams must clean and vacate their dressing room within twenty minutes of the end of their game.
- 47.14 Coaches must make sure players and parents are kept informed of schedules and changes in general and playing rules.
- 47.15 Mail slots are provided for all teams in the mailroom. Coaches are responsible for checking for mail on a regular basis
- 47.16 Police record checks are required from the following people for each and every season and are due on the following dates:
- |   |                                      |
|---|--------------------------------------|
| - OMHA/Select Coach Staff<br>(Head coach, assist. Coaches, manager, trainer & on ice helpers) | September 1 <sup>st</sup> (see Doug) |
| - House League Head Coach   | September 1st                        |
| - House League Coaching Staff<br>(Assist. Coaches, trainers, managers & on ice helpers)       | October 15th                         |

Failure to submit a Police Record Check (PRC) by the dates listed above will result in immediate suspension from ALL team activities (games, practices, dressing rooms etc) until the appropriate documentation has been received by the designated Board of Director Member. PRC's are to be deposited in the marked secure box in the mailroom at Don Beer Arena. (See Appendix Four)

## **PENALTIES / SUSPENSIONS**

### **General** (Sec. 50) (HOUSE LEAGUE, OMHA, SELECT)

NOTE: ALL CHA AND OMHA PLAYING RULES APPLY TO PHA TEAMS

- 50.01 The physical violence and verbal abuse that has become more prevalent in minor hockey has forced the PHA to adopt the following policy. A minimum one year suspension from PHA will be automatically assessed any member who intentionally strikes or in any way manhandles any officer, team personal, refereeing staff, game official staff or any other volunteer of the association.
- 50.02 Any person who uses verbal abuse on any officer, coaching staff, and referee staff, time keeping staff, convenors, player or any volunteer of our association shall be brought before the Complaint and Discipline Committee to be dealt with as warranted.
- 50.03 Anyone who fails to comply with any rule of the PHA may be subject to disciplinary action.
- 50.04 Anyone observed conducting himself/herself in a manner considered detrimental to the League may be required to appear before the Discipline Committee.
- 50.05 There will be no drinking of alcoholic beverages or smoking allowed on the bench, in the dressing rooms or on the ice at anytime.
- 50.06 No swearing will be tolerated in the arena at any time. Immediate suspensions may be made by convenors, members of the Board, coaches, managers or trainers. The suspension will remain until a hearing is held by the Complaint and Discipline Committee.
- 50.07 All playing rules regarding conduct and penalties for players are also applicable to coaching staff (e.g. match, gross, and misconduct penalties).
- 50.08 Coaches should see that the players maintain a high standard of sportsmanlike behaviour preceding, during and at the conclusion of each game.

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- 50.09 A coach or manager may discipline player(s) and must report disciplinary action to the division Convenor and the Vice President for Discipline. Failure to report the disciplinary action will result in a minimum 1 game suspension.
- 50.10 Where possible, the coach or Convenor is to report the disciplinary action before the discipline given. The player can appeal to the Complaint and Discipline Committee.
- 50.11 Referees in house league & select games shall have the authority, in accordance with the CHA, to have parents removed from the spectator's area, who pose a verbal or physical threat to them (referees), players, coaches, timekeepers, volunteers or other spectators.
- 50.12 Any player found playing in a game while under suspension will sit out the remainder of the game in progress and will receive an additional suspension as per the OMHA Manual of Operations-Suspensions.
- 50.13 A coach/assistant coach who plays, or attempts to play a suspended player will face further suspension as per the OMHA Manual of Operations-Suspensions.
- 50.14 Suspended persons (player, coaches, managers) are not allowed in the vicinity of the playing surface (i.e. player's bench, penalty box, or score keepers box) during the period of his/her suspension. Violation of this rule will result in being assessed an additional 1 game suspension.
- 50.15 Copies of all game sheets, (league, exhibition and tournaments) must go to the 8<sup>th</sup> V.P. Complaints & Discipline to speed up results of suspensions on major penalties.
- 50.16 The 8<sup>th</sup> V.P. Complaints & Discipline is to maintain a record of all major penalties including gross and match penalties of all players. This record will be forwarded to the discipline committee when a player or coach has 3 major penalties or 2 gross misconduct's or 1 match penalty. At this point, the committee may require the player or coach to attend a disciplinary hearing.
- 50.17 It is the responsibility of coaches to inform the 8<sup>th</sup> V.P. Complaints & Discipline within 48 hours of a game regarding Major Penalties (game misconduct's, gross misconduct's, match penalties), and accumulation of over 26 minutes in penalties for Peewee and below, and accumulation of over 36 minutes in penalties for Minor Bantam and above.
- 50.18 A ten minute misconduct penalty is not classed as a major penalty, but rather a misconduct penalty given for unsportsmanlike like behaviour. Any player receiving **more than one** ten-minute misconduct penalty in any one game will receive an **automatic Game Misconduct**.
- 50.19 A player who misses three games or practices without informing the coaching staff of the reason prior to the game or practice missed may be suspended and requested to appear before the Complaints & Discipline Committee with sufficient reason for the absence.
- 50.20 Anyone suspended by the PHA Discipline Committee has the right to appeal the suspension to the Board of Directors.

## HOUSE LEAGUE (ONLY)

- 50.21 In the event that trying to play a suspended player significantly delays the game such that it cannot be completed within the allotted time, a 1-0 victory will be awarded to the opposing team.
- 50.22 It should be noted that game misconduct's or suspensions incurred during House League and/or Select play will be served in the league in which they occurred. (see also select section)
- 50.23 The record of any player accumulating a total of 20 or more minutes in penalties in one game will be review by a tribunal consisting of: his/her coach or team representative, the division Convenor and the 5<sup>th</sup> V.P. House League. As a result of this review, the player may be required to appear before the Discipline Committee.

## **HOUSE LEAGUE**

### **General Rules** (Sec. 60)

- 60.01 CHA and OMHA playing rules apply to house league play. In addition to these rules the PHA includes the following rules.
- 60.02 A CHIP type skills development program is mandatory for PHA Initiation, Novice and Atom House League Divisions.
- 60.03 NO BODY CHECKING will be allowed in any House League division.
- 60.04 To allow one 30-second time out, per team, in all round robin and playoff games.
- 60.05 The Initiation division will have no icings as a rule
- 60.06 When a penalty shot is called, the referee will call for time to stop until play resumes.
- 60.07 Hand shaking shall be done prior to the start of each game. Teams are required to leave the ice immediately following the conclusion of the game. Referees will ensure that the team defending the end closest to the exit gate fully vacated the ice surface prior to the other team leaving the ice.
- 60.08 Games will not start until the timekeeper has the game sheets. Time lost will be deducted from the game.
- 60.09 No late player will be added to the game sheet nor be allowed to play in the game after the 3rd shift of a game has started, unless the game has been forfeited, then only with the coach's permission.
- 60.10 It will be necessary for the coaches to inform the timekeeper prior to the game beginning as to whether the game is being played under protest or not. The Executive will then look into the matter subject to provisions under Sec. 62 Protests.
- 60.11 In the case of a defaulted game, no individual scoring statistics will be recorded and goals against averages will not be affected.
- 60.12 The Convenor will pick up game sheets five minutes before game time in duplicate for the PHA.
- 60.13 Any point ties in final league standings will be settled in the following order:  
a. The team that wins the head to head game will be awarded the higher position;  
b. If still tied: the team with the least number of losses is awarded the higher position;  
c. If still tied: a decision by the 5<sup>th</sup> V.P. House League will be made on how the tie is broken.
- 60.14 It would be to the interest of Initiation and Novice division House League players to allow one coach to be on the ice during any House League game up to November 30 to assist in face-off set up. On-ice coaches must stay out of the play in progress and are not to interfere with the play in any way. They must stay in the neutral zone (between the blue lines) after set-up.
- 60.15 PLAY-OFF RULES will be set down for each season by the Board of Directors.
- 60.16 Play-offs will be arranged by the 5<sup>th</sup> V.P. House League, subject to the ratification of the executive at least three weeks prior to the end of the regular hockey season.
- 60.17 If there is a goal differential of 5 or more goals in any house league game, the scoreboard is not to show a difference of more than 5 goals.

## P.H.A. League Rules

### Game Length (Sec. 61)

- 61.01 The Initiation Division will play 3 fifteen minute run time periods except in the last 3 minutes of the third period where the goal differential is 2 or less, in this event the last 3 minutes would be stop time.
- 61.02 All other divisions will play 3 ten-minute stop time periods.

### Protests (Sec. 62)

- 62.01 All protests must be in writing within 48 hours to the Division Convenor.
- 62.02 No protests will be accepted on a referee's decision.
- 62.03 All protests must be accompanied by a \$20.00 deposit (cash), to be returned only if the protest is won.
- 62.04 The Convenor will advise of a ruling in writing.
- 62.05 The protest committee shall consist of Board of Directors appointees.
- 62.06 The decision of the protest committee is final.

### Priority of Play (Sec. 63)

- 63.01 PHA House League takes precedence over all other play in which House League players may participate. All House League commitments must be met before House League players may play in any (exhibition, league, play-off) Select or OMHA division games.
- 63.02 A coach who plays a House League player in a non-House League game instead of an official House League game (including regular season, round robin, play-off and tournament play) will receive a minimum two game suspension for each division in which the coach participates, be it as coach, assistant coach, etc. and will be required to appear before the Discipline Committee.
- 63.03 Exceptions to rules under Sec.63 may be granted by written permission from the 5<sup>th</sup> V.P. House League or from the Board of Directors.

### Player Draft Rules (Sec. 64)

- 64.01 It is the purpose of the House League draft to create well balanced and competitive play in all divisions.
- 64.02 In order to accomplish these objectives players names, phone numbers, first or second years division, past position played or preferred position and ratings will be listed on the draft sheets.
- 64.03 Coaches will assess a rating of A, B, C or D for each player on their team and must submit the list to the 5<sup>th</sup> V.P. House League prior to the playoffs for that season. This list will be the basis for rating players eligible for the following year's house league draft. The 5<sup>th</sup> V.P. House League may, at his discretion review the ratings with a coach or group of coaches from each division and amends as required.
- 64.04 Coaches or their representatives will draw numbers, which will determine their team number and the position in which they will draft players.
- 64.05 The draft will begin with team #1 drafting through to the final team #. The draft will then proceed in reverse order with the final team drafting first through to team #1. This process will continue until all players have been placed on a team. **ALL MAJOR PLAYERS WILL IS DRAFTED FIRST IN ORDER OF RATING, FOLLOWED BY THE MINOR PLAYERS IN ORDER OF RATING.**

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- 64.06 In the Initiation division, the player draft will be made by the coaches and the Convenor. The rating of all players will be done at a rating practice consisting of skill type drills. The practices will be conducted by the six- (6) year old Select coaching staffs. There will be two practice sessions; Saturdays session to grade players and place them into Sundays session of players of equitable abilities. The draft will take place at the Sunday sessions by the coaches and the Convenor.
- 64.07 Goalies will be drafted separately.
- 64.08 Goalies, at time of registration, can indicate either in an area on the registration form or on an attached separate form, whether they are: willing to also play at no additional cost for a team in the next older division provided that the older division game is not immediately prior to or interferes with the scheduled game at his/her age group.
- 64.09 The team a coach drafts will be the team he/she will be coaching.
- 64.10 A House League coach will first select his team in the manner outlined by the Player Draft Rules and then select his coaching staff (Assistant Coaches/Manager ...) after the team is selected.
- 64.11 If a coach has a son playing in his division (whom he wishes to protect), the coach must select his son as his first selection at the level for which his son was rated. (Example: if the son is rated B, he will be the first B player selected by his father.)
- 64.12 The rating categories will be:
- A - Any player who is considered to possess the talent to be at the top of the house league pool of players;
  - B - Any player whose talents are developing but who has not attained the level of an A player;
  - C- Any player who is still developing their talents or is underdeveloped in certain hockey skills.
  - D- Any player not listed above
- 64.13 Upon drafting of a player, the drafting team's # will be entered on the master sheet.
- 64.14 On drafting a player, it will be the coach's or a team representative's responsibility to record his drafted player's name and phone number from the draft sheet and to contact the player as soon as possible and to give him necessary information as to practice times, game schedule, etc.
- 64.15 Members of the Board of Directors will be on hand to supervise the draft, record teams' rosters as teams are drafted (this will be for league use) and answer any questions.
- 64.16 Balancing sessions may be necessary to achieve well balanced and competitive divisional play (see sections on Player Movement and Balancing).
- 64.17 Sponsor's names will be assigned to team numbers sometime after the draft.
- 64.18 Initiation draft rules will be set down for each season by the Board of Directors.

## **Player Movement** (Sec.65)

- 65.01 Since it is the aim of the PHA to provide well balanced closely competitive leagues, balancing (i.e. player movement) may be necessary to achieve this.
- 65.02 Any player in the House League with exceptional ability such that the balance of the House League is disrupted, at the discretion of the Board of Directors, will have to play in the next higher age division providing there is written parental approval, and will be eligible to play Selects in his own age group.
- 65.03 A player going from an OMHA team to a House League team and no player goes from House League to OMHA, the OMHA player goes to the bottom team in the House League, providing there is room.

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- 65.04 Borrowing of players for House League games is not allowed. However, at the discretion of the Executive through the Convenor, borrowing of a goalie may take place if the Convenor is sure in his own mind it is necessary.
- 65.05 The goalie must be borrowed from the same age group and where possible from one of the teams playing in the game immediately preceding that of the borrowing team.
- 65.06 The Convenor shall notify the affected coaches of the situation.

## **Balancing** (Sec. 66)

- 66.01 Balancing will take place sometime early in the season as determined by the Board of Directors and will be kept to a minimum where possible.
- 66.02 Balancing in any division will be supervised by **THE 5<sup>TH</sup> V.P. HOUSE LEAGUE, 7th V.P. CONVENORS AND THE CONVENOR OF THE RESPECTIVE DIVISION,(AND AN ADDITIONAL MEMBER OF THE BOARD OF DIRECTORS)**. It is hoped that the coaches in any division requiring balancing will be able to handle the movement of players amongst themselves with a sense of fair play without league interference. If this is not possible then the **LEAGUE EXECUTIVE** will be forced to conduct the balancing of teams themselves.
- 66.03 A mandatory balancing will occur after the fourth week (and before the fifth week) of the PHA season or as determined by the Board of Directors. A secondary balancing will occur if necessary after the eighth week of the PHA season. **A SPECIFIC PLAYER MOVED IN THE FIRST BALANCE CANNOT BE MOVED IN THE SECOND.** There will be no player movement after the secondary balancing. All teams must have a minimum of eleven (11) players before player movement. November 31 is the cut-off date for balancing. No Hockey School movement into House League will be permitted after the cut-off date. Any exceptions to this rule will be presented by the 5<sup>th</sup> V.P. House League and approved by the Board of Directors.
- 66.04 All balancing in Initiation (if needed) must be done, in a meeting, by a majority of the coaches and the Division Convenor.
- 66.05 Any Convenor, Board member or committee member that also coaches in a division is not to be solely responsible for the balancing of his/her division.
- 66.06 Prior to house league balancing all players should be rated again by their coaching staff. These ratings will be discussed before the draft and mutually agreed upon by the coaches.

## **WHEEL SYSTEM** (Sec. 67)

The wheel system ensures equitable ice time for all players. This is done by rotating the players in order as listed on the game sheet. **It is imperative that players are lined up on their bench in the proper sequence according to the game sheet.**

- 67.01 All house league teams will have a maximum of 16 players including the goaltender.

With 14 out skaters:     - first group of 5  
                                  - second group of 5  
                                  - last group of 4 plus top 1, etc.

With 13 out skaters:     - first group of 5  
                                  - second group of 5  
                                  - last group of 3 plus top 2, etc.

- 67.02 In the Initiation division a modified wheel system will be used based on the number of players at the game. Players will be ranked in order of ability from 1 to 16 and put in the appropriate spot on the wheel

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sheet. This will ensure that the A, B and C lines from both teams will play against each other as often as possible.

- 67.03 If it is determined by the timekeeper, or if the opposing coach or manager point out to the timekeeper that a coach is playing a player for two consecutive shifts and/or out of rotation, the timekeeper will sound the buzzer immediately and an automatic two-minute penalty will be imposed upon the player in question, thereby eliminating any formal protest. These infractions have to be observed during the actual playing of the game, (i.e. after face-off to begin the shift). Only one two-minute penalty will be assessed per infraction.
- 67.04 During a shift in which a penalty is assessed under 67.03, any score by the penalized team, i.e. goal(s) and/or assist(s), involving the out of sequence player will be stricken from the score sheet and the score board and will not count in either game score or the individual player statistics.
- 67.05 When a penalty is called before the last two minutes of the game, the goalie can be substituted ONLY by one of the next five players in line to go out, as listed on the game sheets. When the play is stopped THE SUBSTITUTE player returns to the normal position in the wheel.
- 67.06 Prior to the last two minutes of the game, if there is no penalty called, the goalie cannot be pulled out for an extra attacker.
- 67.07 During the last 2 minutes of a game, the goalie can be substituted by another player. The substitute player can ONLY be one of the next 5 players in line to go out, as listed on the game sheet.
- 67.08 In case of injury to a player, the next player in rotation will replace him.
- 67.09 In case of injury, the coach must notify the timekeeper of the injured players number and the number of his replacement, which must comply with the wheel system (i.e. next player in rotation will replace injured player).
- 67.10 An injured player may return to complete his shift at the next or subsequent stoppage in play. The substitute player will return to his own normal position in the wheel.
- 67.11 All line changes will be at the sound of the buzzer. The buzzer will sound at 2 minute stop-time intervals except in Initiation, Peewee, Bantam and Midget where line changes for Initiation will be at the buzzer every 3 minutes and Peewee, Midget and Bantam can be made at any stoppage in play or during play.

## Penalties (Sec. 68)

- 68.01 Minor two- (2) minute penalty time from the time the puck is dropped. The penalized player will serve the penalty time in the shift in which the penalty was assessed. In the event that a two (2) minute penalty carries over into the next shift, the player assessed the penalty will stay in the penalty box until his/her next shift on the ice at which time he/she will serve the remainder of his/her penalty. In the interim shifts, the five- (5) players on the shift as given on the game sheet will play their full shift.
- 68.02 If a two (2) minute penalty occurs in the last four (4) minutes of the game, the fifth player on the next shift as given on the game sheet will sit off the time required to complete the assessed penalty.
- 68.03 During the last four (4) minutes of the game, when a second penalty is called from players on the same shift as the first penalty, then the 4th man in the next shift as given on the game sheet sits out the balance of the penalty on the team bench, in the event the penalty is carried into the next shift. This would continue to the 3rd man in the event of a third penalty, etc.

## **OMHA DIVISION**

### **Coaches, Managers and Trainers.** (Sec. 70)

- 70.01 The nickname for P.H.A. Rep teams will be the "Panthers".
- 70.02 No player can play in a league game until an OMHA card has been duly processed by the 3<sup>rd</sup> VP OMHA.
- 70.03 The coach is in charge of team rosters, try-outs, cutting players and player movement.
- 70.04 Coaches for the OMHA and Select teams must be announced by the 5<sup>th</sup> VP - Head Coach by March 15 for the following year. If a division does not have a Coach at that time, this also should be stated.
- 70.05 The term of a coach with any team will be in 1 year increments. The position will be evaluated at the end of each season.
- 70.06 No assistant coach, manager or trainer will be selected for a team until completion of player selection.
- 70.07 All PHA teams must file a financial statement twice during the regular season, one before December 31st and the second by March 31st.
- 70.08 Coaching staff and players selected for any PHA Representative or Select teams will be required to wear the dress code as outlined (Article 7.1 of the Constitution).
- 70.09 A provision will be made to allow OMHA players, who have been dropped down after December 15th that they are allowed to come back to the PHA.
- 70.10 There will be a minimum of 2 signatures required on all team cheques and bank accounts with both parties to sign, one being a member of the coaching staff and one being a non coaching staff parent, unrelated to any member of the coaching staff.

### **Gate Fee** (Sec. 71)

- 71.01 Family passes for the season games will be sold at a fee established by the Treasurer and approved by the Board of Directors.
- 71.02 Family passes are good for play-offs.
- 71.03 Coaching staff will receive passes for all games including Play-offs, at PHA home arenas.
- 71.04 A cash gate must be set up for all OMHA home league and play-off games and may be set up for exhibition games.

### **Team Make Up** (Sec. 72)

- 72.01 The recommended number of players for Rep 'A' and 'AA' is to be 17, however 15 is the minimum. Rosters with less or more than 17 require approval from the Board of Directors.
- 72.02 All teams must declare their player roster, within 24 hours after the last try-out date.
- 72.03 After declaring their roster a team complement can only be increased if a new boy moves into the area prior to January 15th, or with the approval of the Board of Directors.
- 72.04 'A' Teams comprised of both Major and Minor players shall:
  - Novice & Atom carry 60% Majors & 40% Minors
  - Peewee & Bantam carry 75% Majors & 25% Minors

## **P.H.A. League Rules**

Goalies must be 1 Major and 1 Minor excluding Midgets  
Midgets have no restrictions  
Any exceptions must be approved by the Board of Directors.

### **Affiliate Players** (Sec. 73)

- 73.01 Affiliate players to OMHA teams shall be as stated in the OMHA Manual of Operations.
- 73.02 In order to use an affiliate player, a coach must contact the coach of the player's team for approval prior to contacting the player. The coach/manager of each OMHA team to provide the list of affiliated players to the coach/manager of the team(s) from which the players are selected.
- 73.03 It is expected that the coach would allow the player to play up unless:
- a) it interferes with a game or practice
  - b) he/she has played too many successive games
  - c) he/she is involved in a team event
- 73.04 Because our goal is to develop players, a coach is not to discourage a player from playing up. It is expected that coaches will work together to promote our organization by helping teams in need of players.
- 73.05 In the event that there is a dispute between the two coaches involved, the coach making the request has the option of contacting the 3<sup>rd</sup> V.P. OMHA. The decision of the 3<sup>rd</sup> V.P. OMHA is final.

### **Try-outs** (Sec. 74)

- 74.01 OMHA team try-outs will take place during the month of April. Coaches of second teams are required to attend the "AA" try-outs.
- 74.02 All rep and select player list needs to be provided or ovided to 5<sup>th</sup> VP – House League
- 74.03 A fee set by the Treasurer will be collected from each player attending a try-out session. The PHA will be responsible for collecting all monies.
- 74.04 A player of exceptional talent may apply to the Board of Directors to try out for an OMHA team one age category higher (i.e. Bantam to Minor Midget) providing the following is adhered to:
- A letter of intention of a player wishing to try-out in the higher category, including Midget and Juvenile, must be submitted in writing to the Board of Directors at least two weeks prior to the beginning of all spring tryouts. Exceptional meaning the top 1 or 2 player on the team.
- 74.05 There will be no OMHA sweaters or socks worn at try-outs.
- 74.06 Teams may play a maximum of 2 exhibition games during try-outs if they wish. Each team to arrange their own ice for these games.
- 74.07 Final rosters must be submitted to the 3<sup>rd</sup> VP - OMHA within 24 hours (all OMHA cards must be handed in to the 3<sup>rd</sup> VP - OMHA Director within 7 days).

### **Player Movement** (Sec. 75)

- 75.01 The 3<sup>rd</sup> V.P. OMHA must be notified by the OMHA team coach of any player movement before the move takes place. Failure to do this will result in an automatic one league game suspension for the coach.

**ALL PLAYER MOVEMENT AFTER THE ROSTERS ARE SET AND PRIOR TO NOVEMBER 15TH. MUST BE ON A ONE TO ONE BASIS.**

- 75.02 Rosters will be FROZEN as of November 15th. Exceptions to this must first be approved by the Board of Directors.
- 75.03 Player movement after November 15th, must be done at a meeting, involving both sending and receiving coaches, the parents/guardian, the head coach, and the 7<sup>th</sup> VP Convenors. Each move must be based on "what is best for this player".
- 75.04 Up to November 15th, when a player is called up by the 'AA' team from House League and is kept by the 'AA' team, the player and his parents must agree in writing (copy of letter sent to 7<sup>th</sup> V.P. Convenors) and then an 'AA' team player must be sent to the House League team that the player called up came from. The 'AA' team coach then notifies the second team coach who must invite the player to try-out for the second team. If the second team keeps the 'AA' player, a player from the second team is sent to the House League team that the called up player came from. If the 'AA' team player is not to be taken by the 'A' team and the 'AA' team player is to end up in House League, then both the 'AA' and 'A' team coach must appear before the Board of Directors to explain his reasons why. The Board will then convene to make its decision which shall be binding.
- 75.05 If injuries deplete a team complement whereby they cannot fill their stated roster as of the end of September, movement of players will be subject to the approval of the Board of Directors. Coaches should notify their division Convenor of the situation and the division Convenor will take the situation before the Board of Directors and the decision of the Board shall be binding.
- 75.06 No team may drop a suspended player. If a player's suspension is for more than three games or the number of suspensions deplete a team complement whereby they cannot fill their stated roster as of the end of September movement of players will be subject to the approval of the Board of Directors. Coaches should notify their 7<sup>th</sup> V.P. Convenors of the situation and the 7<sup>th</sup> V.P. Convenors will take the situation before the Board of Directors.
- 75.07 Any new player moving into PHA territory, must first be evaluated by OMHA coaches, beginning with 'AAA' and going in order, at a team practice to ascertain whether the new player is qualified to play OMHA hockey, providing the player wants to play OMHA hockey, or should be placed in the House League Division providing there is room.. This would be in effect from September to the January OMHA roster freezing date.

**SELECT PROGRAM** (Sec. 80)

- 80.01 Select team tryouts will be held in the spring, following the 'A' tryouts.
- 80.02 House League Select teams will be responsible for the cost of tryout ice.
- 80.03 The Vice President for Selects must be notified of all Tournaments and Exhibition games.
- 80.04 Coaches, and players selected for any PHA Representative or Select teams will be required to wear the dress code as outlined (Article 7.1 of the Constitution).
- 80.05 It should be noted that game misconduct's or suspensions incurred during House League Select or House League play will be served in the league in which they occurred.
- 80.06 Since the first and foremost objective of the Select program is development of players, each House League Select team will consist of a minimum of 15 skaters and 2 goalies with the maximum number of players on any team being 19 including goalies subject to OMHA guidelines. All requests for exceptions must be submitted in writing to the Board.

**P.H.A. League Rules**

80.07 Full rosters must be declared within 24 hours after the last try-out date. A select coach may be allowed to leave a couple of spots open on the team until house league begins in the fall. The coach is then directed to fill their roster by October 15<sup>th</sup>.

**HOCKEY SCHOOL** (Sec. 85)

85.01 Players must be 5 years old or over to be accepted into the program. Four-year-olds will be accepted upon the discretion of the 11<sup>th</sup> VP Hockey School. Four-year-olds will remain in the program for 2 years.

85.02 The 11<sup>th</sup> VP Hockey School shall advise the appropriate division Convenor when a player is ready to be assigned to a House League team.

85.03 The placing of players onto teams is done by division Convenors assigning each player to the team he feels most suited to helping the player in conjunction with the 11<sup>th</sup> V.P. Hockey School.

85.04 The player assigned to a team cannot be traded in a balancing of teams and will stay on that team for the remainder of the season.

**AJAX & PICKERING AGREEMENT**

(This is not a playing rule only an agreement between Ajax & Pickering)

Although freedom of movement is permissible in the Lake Ontario Region for players under minor bantam, the Ajax Minor Hockey Association and the Pickering Hockey Association are in agreement that each Board of Directors will have the right to determine whether players may play in each other's center. Thus each player from Ajax or Pickering must be released by their home center in order to play in the other center.

The purpose of this agreement is to maintain our status in the OMHA where freedom of movement is not permitted except at 'AAA'. Both organizations agree that they do not want either center recruiting or raiding the other center.

## **APPENDIX ONE**

### **1. CLASSES OF MEMBERSHIP**

- 1.1 There will be three (3) classes of membership in the Pickering Hockey Association.
- (a) Active Membership
  - (b) Parent/Guardian Membership
  - (c) Honorary Lifetime Membership.

### **2. TERMS OF MEMBERSHIP AND ELIGIBILITY**

#### 2.1 Terms and Eligibility

- (a) Active Membership  
Shall include all elected or appointed Directors or Officials and all Convenors, Coaches, Managers, and Trainers appointed for the current season and all registered players
- (b) Parent/Guardian Membership  
Shall include all parents and or legal Guardians of registered players.
- (c) Honorary Lifetime Membership  
Include Individuals who are nominated to be Honorary Lifetime Members by any Member of the Association and granting of Honorary Lifetime Membership must be confirmed by a majority vote of the Board of Directors.

#### 2.2 Membership List.

The Board of Directors shall be responsible for preparing a list of Active Members, Parent/Guardian Members and Honorary Lifetime Members and such list shall be used to determine eligibility to attend and vote at the Mid Term Meeting, The Annual General Meeting or any other meetings of members of the Pickering Hockey Association for each current year.

#### 2.3 Membership Year

Unless otherwise determined by the Board of Directors, every Membership other than Honorary Lifetime Memberships shall commence upon the completion of tryouts in May of each year and shall lapse and terminate on the day preceding the end of tryouts of the following May, membership thereby being for a period of one year.

#### 2.4 Termination

Membership in the Pickering Hockey Association shall not be transferable and shall terminate upon a member's resignation or death, or as described in section 2.3 above.

Failure to comply with the Constitution, Rules of operation and Code of Conduct of the Ontario Minor Hockey Association ( OMHA )and the Pickering Hockey Association (PHA) may result in disciplinary action and the loss of membership and privileges, including the opportunity to participate in OMHA and PHA activities and events both present and future

## **APPENDIX TWO**

### **OMHA & PICKERING HOCKEY ASSOCIATION CODE OF CONDUCT**

This Code for Conduct identifies the standard of behaviour which is expected of all OMHA/PHA members and participants which for purposes of this policy shall include all players, guardians, parents, coaches, officials, volunteers, directors, officers, committee members, convenors, team managers, trainers, administrators and employees involved in OMHA/PHA activities and events. (This would include all member associations of the OMHA of which the Pickering Hockey Association is one.

The OMHA/PHA is committed to providing an environment in which all individuals are treated with respect. Members and participants of OMHA/PHA shall conduct themselves at all time in a manner consistent with the values of the OMHA/PHA which include fairness, integrity and mutual respect.

During the course of all OMHA/PHA activities and events, members shall avoid behaviour which brings the OMHA/PHA or the sport of hockey into disrepute, including but not limited to abusive use of alcohol, use of non-medical drugs and use of alcohol by minors.

OMHA/PHA members and participants shall at all times adhere to the OMHA/PHA operational policies and procedures, to the rules and regulations governing OMHA/PHA events and activities and to rules and regulations governing any competitions in which the member participates on behalf of the OMHA/PHA.

Members and participants of the OMHA/PHA shall not engage in any activity or behaviour which interferes with a competition or with any player or team's preparation for a competition, or which endangers the safety of others.

Members of the OMHA/PHA shall refrain from comments or behaviours, which are disrespectful, offensive, abusive, racist or sexist. In particular, behaviour, which constitutes harassment or abuse will not be tolerated, and will be dealt with under the OMHA's Harassment Policy or by way of a hearing before the PHA Complaints and Discipline Committee.

Failure to comply with this Code of Conduct may result in disciplinary action in accordance with the Discipline Policy of the OMHA./PHA Such action may result in the member losing the privileges which come with membership in the OMHA/PHA, including the opportunity to participate in OMHA/PHA activities and events, both present and in the future.

APPENDIX THREE

PICKERING HOCKEY ASSOCIATION

**Article I. Member Acknowledgement**

I ( print name or names if 2 parents etc.) \_\_\_\_\_ Acknowledge that I have received a copy of the Pickering Hockey Association code of conduct which identifies the standard of behavior which is expected of all Pickering Hockey Association members.

I understand the Code of Conduct includes all players, guardians, parents, coaches, officials, volunteers, directors, officers, committee members, convenors, team managers, trainers, administrators involved in the Pickering Hockey Association and OMHA activities and events.

I understand that failure to comply with this Code of Conduct and the Constitution of the Pickering Hockey Association may result in the loss of membership and privileges which come with membership in the OMHA including the opportunity to participate in the OMHA and Pickering Hockey Association activities and events both present and future.

Signature (1): \_\_\_\_\_ Signature (2): \_\_\_\_\_

Date: \_\_\_\_\_

Where there are 2 parents or guardians they must both attach their names to and sign this document. This document is in effect as long as you are a member of the PHA.

## **APPENDIX FOUR**

### POLICY ON VOLUNTEERS AND MEMBERS WITH CRIMINAL RECORDS

The Pickering Hockey Association accepts its significant responsibilities with respect to its vulnerable clients.

The Association owes a duty of care to its clients, its staff and to the community. Acceptance of this duty will be reflected in all the organization's programs, services and activities as well as in its policies and procedures.

The Association recognizes that some of the positions in the organization are of significant trust. People applying for and undertaking positions of trust, will be subject to more intensive initial and ongoing screening and supervision than individuals in placements which are not positions of trust.

This Association will not discriminate against any person on the basis of those grounds: age, race, sex, marital status, etc., unless there is a bona fide reason related, essentially and explicitly, to the position being applied for, and will do so with due consideration for the need to accommodate applicants where possible.

For certain positions in the Association, a Police Record Check will be required as one element of the screening process.

Individuals with outstanding Criminal Code convictions, ten years old or more recent, or charges pending for certain offences will not be accepted for a direct position with vulnerable clients. These offences include, but are not limited to the following:

- Physical or sexual assault
- Current prohibitions or probation orders forbidding contact with children under the age of 14
- Indictable criminal offenses for child abuse
- Outstanding convictions or charges pending for any violent offence, where or not it involved weapons
- Outstanding convictions or charges pending for criminal driving offences, including, but not limited to, impaired driving
- Individuals with outstanding convictions (ten years old or more recent) for provincial offences related to a bona fide occupational requirement or qualification, may be excluded from a position of trust, depending on the circumstances
- Applicants may be rejected as a result of other information gained during the police record check process, or through the screening process as a whole, or as a consequence of other factors. The applicant has a right to know why he or she is being refused, and may appeal to the Board of Directors in writing.

**It should be noted that every staff member or volunteer, once accepted, is obliged to inform the appropriate PHA Executive, if he or she is charged, tried or convicted, of any offence under the Criminal Code or under other provincial or federal statutes, if that offence is relative to a position of trust held by the individual.**